

# Trellis 3rd Annual Networking Conference:

Wednesday 18<sup>th</sup> March 2009, Cardonald College, Glasgow, G52 3AY.

Growing Healthier, Wealthier, Fairer, Smarter & Greener Through Gardening  
- *Scottish Government Policy: the Gardening Contribution.*

*In association with the Federation of City Farms & Community Gardens (FCFCG)*

## Programme

09:15 **Arrival, registration and coffee:** At registration you will be able to choose the workshops you want to attend. Numbers are limited so please arrive promptly to ensure your first choices.

**Networking in the Foyer:** An opportunity to chat with representatives of organisations related to Therapeutic Gardening and Scottish policy and pick up leaflets and information.

10:00 **Welcome Note:** A few words from: Mike Hamilton & Alan Bell of Trellis & Naomi Knights of FCFCG

### 10:15 Project Showcases

**1. Gardening by the Clyde - Restoration of a large garden:** Peter McMahon, Kelvinbank Resource Centre, Kilsyth.

**2. Greener Gardening by the Tay -** Teresa Park & Craig Allan, supported by Grant Harrison, Gardening Group, Capability Scotland, Perth.

**3. Green Routes,** Gillian Forster, Stirlingshire

**4. Ups and downs of gardening in a rural residential community** John Allison, Lothlorien, Dumfries.

11:15 **Break**

11.30 **Gardeners' Question Time:** Bring along your therapeutic horticulture questions to test our panelists' knowledge – with Colin Stirling of BBC Radio's 'Potting Shed' and Claudia Pottier, Head Gardener, The Dr Neils' Garden, Duddingston). Chaired by George Phillip

### 12:00 Workshops – Round 1

**1. Fairer & Healthier – Developing School Grounds:** Pamela McKinlay, Roots & Fruits, Tranent

**2. Healthier - Gardening & Arthritis:** Janet Harkess, Fife Rheumatic Diseases Unit.

**3. Wealthier - Social Firms & the Restoration of a Walled Garden:** David Kydd & Kath Critchley, CATH Balharry, Perthshire

**4. Greener – How a garden therapy project integrates with the ethos and activities of The Ecology Centre:** Elspeth Killin, The Ecology Centre, Kinghorn, Fife

**5. Smarter: Innovative, Accessible Training,** Robert Kelly, Parklea Training Centre, Port Glasgow

13:00 **Lunch, networking and leaflet exchange**

14:00 **Keynote Address -** Antonia Swinson, CEO, Scottish Social Enterprise Coalition.

14:30 **Workshops – Round 2** (1-5 as above, your chance to attend a second workshop).

15:30 **Tea & Seed Swap:** Time to spend tokens exchanged for any seed packets handed in at Registration

16:15 **Evaluation and Close**