

Friday 9th March 2018

from **9:30 to 16:30**

at **The Bield at Blackruthven, Blackruthven House, Tibbermore, Perth PH1 1PY**

Cost: £57/£47 for Trellis members (including lunch and refreshments)

Come and join us for the Trellis' 12th annual therapeutic gardening conference.

It's for everyone interested in the benefits of gardening. It's an interactive learning event with workshops, garden project showcases and stalls.

This is a unique opportunity to make new contacts and share knowledge, skills and ideas with fellow therapeutic gardeners and health practitioners.

Be Inspired!



In response to demand even more workshops, networking time and showcases to enjoy

Showcases: Jan Moffat, NHS Borders -Space to Grow, Huntlyburn Psychiatric Ward; Rab Hayes, Scottish Prison Service, HMYOI Polmont - Cultivating Futures.

Gardeners Question Time Panel with Jim McColl, MBE ... **Veg Growing in Polytunnels** with Anthony Hovey... **Crafts in The Garden** with Mairi Coxon... **Fruit & Veg in Scotland** with Ken Cox ... **Including people with Dementia in your Garden Project** with Sarah Noone...**The Bield Walled Garden Tour** with Mike Williams...**Assessing Abilities & Adapting Gardening for those with Learning Difficulties** with Norma Forbes ... **Therapeutic Benefits of using the John Muir Award** Cyrenians at the Royal Edinburgh Hospital... and more to be confirmed

Stalls including: The Horticultural Trades Association; The Caley: Grow & Learn; Horatio's Garden; Greenspace Scotland; Keep Scotland Beautiful ...



For more information and to book a place visit

<http://www.trellisscotland.org.uk>

Email info@trellisscotland.org.uk or call us on 01738 624348

A FREE bus will run from Perth Railway Station to the venue, see booking form for more details.