

# Trellis Therapeutic Horticulture Conference 2025

## Programme

**9.00am Registration open**

**9.45am Welcome address – Fiona Thackeray, CEO Trellis**

### **10.30am - 11.15am Workshops Session 1**

**Horticultural Masterclass: Rock Plants made easy** - Jim Jermyn

**How to become a self-sustaining organisation** - Norma Forbes and George Bosworth

**The Therapeutic Impact of Community Gardening** - Jan Cameron

**Garden Inspired Art & Craft Workshop: Willow Weaving** - June McEwan

**REH Garden: Homeless prevention & community gardening** - Hannah Macrae & Kathryn Bailey

**Bield Garden Tour & Networking Opportunities** - Pamela Grossi

**Break** 11:15am -11:30am

### **11.30am - 12.15pm Workshops Session 2**

**Horticultural Masterclass: Rock Plants made easy** - Jim Jermyn

**Climate and Nature Friendly Communities Network** - Juliette Camburn

**Southton Smallholding Tour: A Therapeutic Horticulture Project** - Norma Forbes

**Garden Inspired Art & Craft Workshop: Willow Weaving** - June McEwan

**Flourish: Supporting health and curriculum learning at school** - Laura Dorantt

**REH Garden: Homeless prevention & community gardening** - Hannah Macrae & Kathryn Bailey

**Bield Garden Tour & Networking Opportunities** - Pamela Grossi

**Lunch** 12.15pm - 1.15pm

### **Keynote Address 1.15pm - 2.00pm**

**'Therapeutic Horticulture in Mental Healthcare'** - Dr Carly Wood, PhD, FHEA

Lecturer in Sport and Exercise Science, School of Sport, Rehabilitation and Exercise Sciences, University of Essex

**Break** 2.00pm - 2.30pm

### **2.30pm - 3.15pm Workshops Session 3**

**The Therapeutic Impact of Community Gardening** - Jan Cameron

**Climate and Nature Friendly Communities Network** - Juliette Camburn

**Flourish: Supporting health and curriculum learning at school** - Laura Dorantt

**Southton Smallholding Tour: A Therapeutic Horticulture Project** - Norma Forbes

**Garden Inspired Art & Craft Workshop: Willow Weaving** - June McEwan

**Bield Garden Tour & Networking Opportunities** - Pamela Grossi

**An Association and Register for Therapeutic Horticulture** - Fiona Thackeray & Emma Martindale

**3.15pm - 3.30pm Round Up & Thanks in The Barn**