



**trellis**  
gardening for wellbeing

# Annual Services Survey 2025

## Key Findings



**Thank you to everyone who participated in our 2025 Annual Services Survey. Your feedback helps us understand how our resources, training, and services are supporting the therapeutic horticulture community and how we can improve and adapt.**

The survey ran for a month from mid April to May and was shared with our entire network. We received 68 responses, a 30% increase from the previous year, representing 13% of our network projects.

The results reveal strong engagement with our offerings and valuable insights for future development.



## High Engagement, Room for Greater Awareness

Our resources continue to be widely used, with **88% of respondents accessing Trellis resources.**

### IMPACT

- 70% reported increased confidence in supporting clients
- 63% run activities more frequently as a result
- 58% felt a stronger connection with their clients

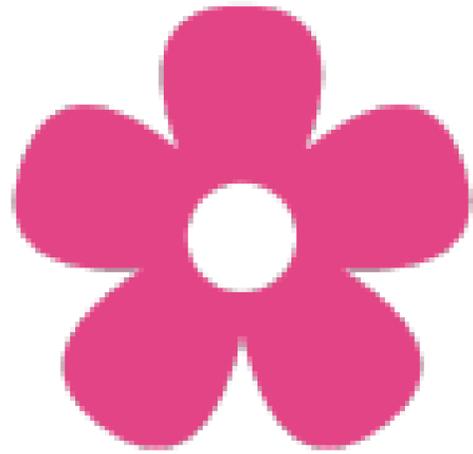


I have used the online booklets and also physical books as inspiration for client activities and also watched YouTube videos to support my knowledge and processes.

Being more confident with delivering sessions with the extra knowledge from trellis resources has helped clients to feel calm. Reducing anxiety in social situations has been an important positive impact.



## Live Demos Leading the Way

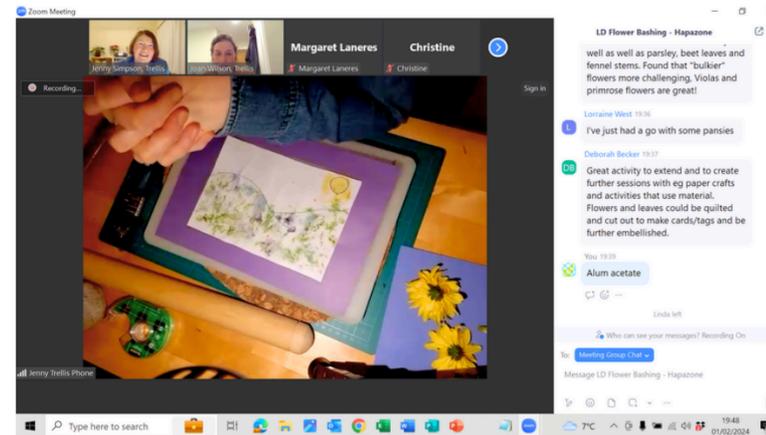


**Training participation shows strong engagement** with our most accessible formats:

- 59% accessed live demos - our most popular training format
- 44% participated in online training
- 58% attended the Therapeutic Horticulture Conference



I feel I have gained specific gardening knowledge from watching the live demos. Feeling part of a wider social and therapeutic horticulture group makes me feel enthused about leading our gardening sessions.





## Positive Impact for practitioners & service users as a result of attending learning & training from Trellis



**87%** said their **skills & knowledge increased**

**65%** said their **confidence increased**



**95%** felt **inspired**

**51%** felt **more connected to others** in the field



**72%** said they felt their **clients' connection to nature had increased**

**57%** said they felt **clients were better supported to garden**



**67%** said their **clients now had access to improved gardens spaces**

**or activities**



# Impact Highlights

## Transforming Practice and Wellbeing

The survey revealed profound impacts on both practitioners and their clients:

### For Practitioners:

75% express **greater confidence** in supporting clients  
50% feel **more skilled** in gardening knowledge  
67% run **more activities with clients** regularly  
56% report **positive changes** in their support methods

### For Clients:

Practitioners observe positive wellbeing impacts in their clients

Clients reported as more relaxed, engaged, and confident

Increased participation and enjoyment in gardening activities



# Future Needs, Interests & Suggestions

## **Strong Appetite for Professional Development** Respondents showed clear interest in expanding services

**82%** interested in a **Professional Development Award in Therapeutic Gardening**

**58%** want a **Volunteer/Intern Placement Hub**

**45%** interested in **activity/materials subscriptions**

Additional suggestions included:

- **More online training** options for beginners
- **Resources for specific populations**
- A companion app for existing resources
- Clearer resource layouts and **simplified information sheets**
- Continued focus on **professional standards and development**

# You said, we listened...

## you said...

you'd like more  
online training  
options for  
beginners

## we listened...

We have 4 short online  
training sessions  
running in  
autumn/winter,  
particularly helpful for  
beginners

## you said...

you'd like  
continued focus  
on professional  
standards &  
development

## we listened...

our forum meetings  
continue as we develop  
the UK Association for TH  
and we await approval of  
our Professional  
Development Award

## you said...

you'd like clearer  
resource  
layouts/simplified  
information sheets

## we listened...

We are working on  
making our resources  
clearer, in a standard  
format and better  
catalogued on our  
website

# Final Reflections

## A Valued and Trusted Resource

The feedback consistently highlights Trellis as an essential resource for the therapeutic horticulture community

Thank you for being part of the Trellis community and for helping us to shape & grow therapeutic horticulture together.

Thank you for providing a resource for social and therapeutic horticulture as we have found little out there - Trellis has been a brilliant lifeline for us!

Brilliant information sharing and great work on the standardisation of industry progression





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