

Floral Suncatcher

Preparation

Here is a list of materials to gather and prepare in advance of the suncatcher activity:

Sturdy cardboard (e.g. from an old box) **cut into a frame** (approx. 20-25 diameter cm), the frame can be circular, square, or rectangular (or a paper plate with the centre cut out). This will form the frame of your suncatcher.

A roll of baking paper - this will form the window of the suncatcher.

Sharp scissors

PVA glue

A medium sized paint brush

A piece of string, twine, or wool approx. 30 cm long.

Sellotape/ sticky tape

A stapler

Baby wipes or a bowl of warm soapy water and a dry hand towel



A collection of pressed flowers (start pressing as soon as you can as they will need approx. 2 weeks to press), or fresh flowers (the flatter the flower the easier to use), and leaves (small thin leaves work best). You can also use grass heads, full flower heads still on their stalks pressed. If you are pressing flowers you can do this in a flower press or between the pages of a magazine with a heavy book on top, or try the microwave flower pressing technique e.g., see YouTube video from HGTV 'Learn How to Press Flowers...In the Microwave! | How to Press Flowers' <https://www.youtube.com/watch?v=uc4-XoNdDy0>

Pressed flowers will last longer in your sun catcher than fresh flowers, but you may wish to make a temporary seasonal display and repeat the activity again later in the year to show different seasonal flowers.