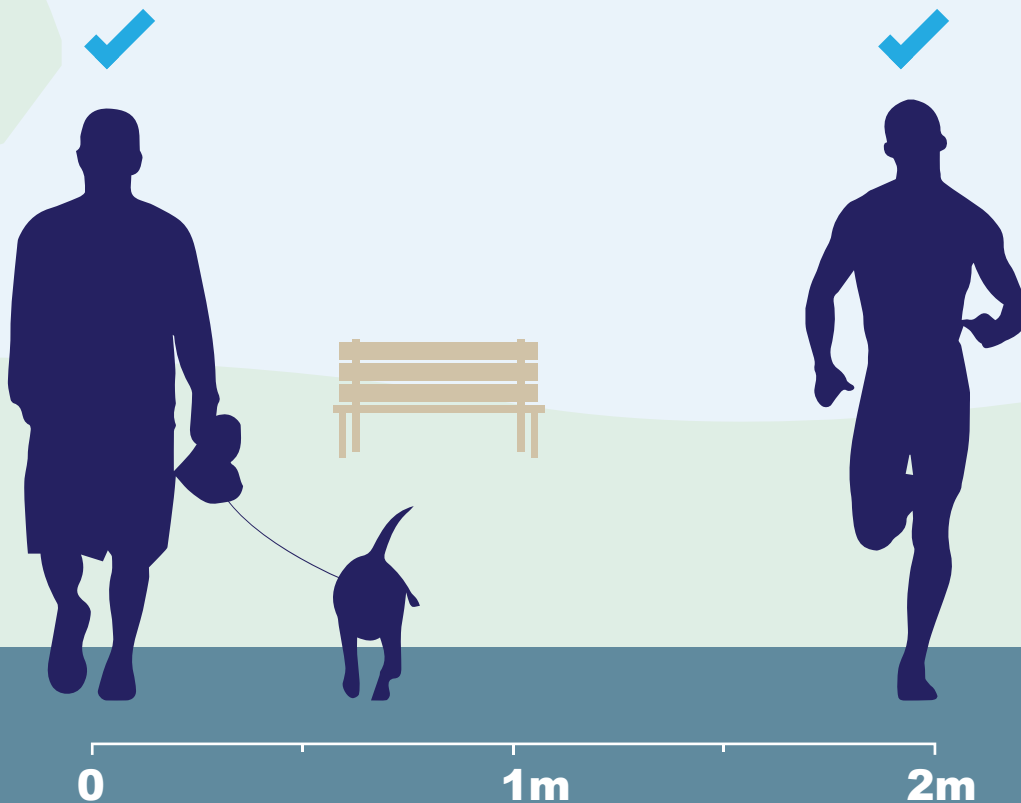




# Taking your daily exercise?

Follow the crowd and give them a wide berth



Reducing close social interaction (within 2m) between us will help reduce the spread of Coronavirus.

**Protect yourself. Protect those around you. Protect the NHS**